

Lisa Pate, L.Ac., R.D.
Pate Acupuncture & Chinese Medicine LLC
1222 SE Division St., Portland OR 97202 503.880.2785

Informed consent for Acupuncture & Oriental Medicine

I hereby voluntarily consent to receive acupuncture & Oriental Medicine treatment for my present & future health conditions. I understand that treatment will be administered by Lisa Pate, Licensed Acupuncturist (L.Ac.).

The possible acupuncture & Oriental medicine treatments that may be administered are described below.

Acupuncture: This is a safe treatment involving the insertion of tiny sterile & disposable needles through the skin. It can produce a mild, temporary sensation of warmth, tightness, soreness or tingling at the acupuncture site. It may occasionally cause slight bleeding & may rarely leave a bruise (typically not painful). Other possible risks from acupuncture include dizziness, light-headedness, & fainting. I will report to the L.Ac. any dizziness or light-headedness that occurs during or after an acupuncture treatment. Extremely rare risks with acupuncture include nerve damage, organ puncture, & infection (these have a very low incidence of occurrence).

Chinese Herbal formulas: Chinese herbs have been used safely for centuries. Infrequently one may experience digestive upset or other reactions to herbs. If I experience any discomforts related to the use of herbs, I understand that I should stop the herbs & that I am responsible for informing the L.Ac. of my symptoms.

Some herbs may be inappropriate during pregnancy & breastfeeding. I accept responsibility to inform the L.Ac. of a suspected or confirmed pregnancy, or if I am a nursing mother.

Heat treatment with moxabustion: A moxabustion stick, which is comprised of compacted mugwort is used to warm an area of the body. Every precaution is taken to prevent over warming but the rare possibility of mild burn exists.

Electro-acupuncture: A mild electric micro-current (similar to a TENS treatment) is used to stimulate the acupuncture points. A mild tingling or tapping sensation will be felt.

Cupping: This involves a localized suction produced by heating a small glass cup. There is a possibility of local bruising from the suction. Very rarely a slight burn or blister may appear due to the heat.

Gua Sha: Gua Sha is a scraping on the skin in a small area using a smooth edged instrument. This often results in bruising at the treated area. The bruising, which is not painful, usually resolves in 3-7 days.

By signing below I am showing that:

- I have read, or had read to me, the information on this consent form.
- I understand the possible risks & complications involved. I have had the opportunity to discuss this consent form with my Licensed Acupuncturist. I understand that I can request more information at any time if desired.
- I consent to receiving treatment that involves the above procedures.
- I understand that I have the right to refuse or discontinue any treatment at any time. I understand that this refusal may affect the expected results.

Patient Signature _____ Date _____

Patient name (please print) _____